

# MY GREAT LENT CALENDAR 2020

The readings are from the Syriac Orthodox Lectionary. Every morning and evening has a reading from the Gospels.

The lent in Orthodox tradition is three dimensional, consisting of PRAYING, FASTING, AND ALMSGIVING.

Every day, do your prayers, observe fasting (abstinence and self-control), and do something good for others without expecting anything in return.

Every evening, color or shade the CROSS based on your act of faith and love (more directions below).

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>FEB</b> 23 PETURTHO/KOTHNE JN 2:1-11	24 SHUBKHONO MT 18:12-35	25 MT 6:1-6 MT 6:19-24	26 MT 6:25-34 MT 7:1-12	27 MT 7:13-27 MT 5:17-26	28 MT 5:27-37 MT 10:24-38	29 JN 15:17-16:3 JN 4:46-54
<b>MAR</b> 01 GARBO LK 5:12-16	02 LK 6:27-36 LK 6:37-49	03 MK 4:21-34 MT 18:1-11	04 LK 11:1-13 LK 16:1-13	05 LK 18:1-8 MT 16:21-28	06 MT 5:38-48 JN 5:1-18	07 MK 1:21-28 LK 5:17-26
<b>MAR</b> 08 M'SHARIYO MK 2:1-12	09 MK 2:13-22 MK 10:17-27	10 MK 4:1-20 LK 12:32-40	11 LK 13:18-30 LK 12:32-40	12 MT 6:5-15 MK 9:30-42	13 LK 18:9-17 LK 7:1-10	14 MK 8:1-10 MK 7:24-37
<b>MAR</b> 15 CNANAITHO MT 15:21-31	16 MK 12:35-44 MT 20:1-16	17 MT 11:25-12:8 MT 17:22-27	18 MID-LENT JN 7:14-15, 3:13-21	19 MT 19:16-26 LK 15:11-32	20 LK 17:1-10 MK 3:31-35	21 LK 10:25-37 LK 7:11-17
<b>MAR</b> 22 K'PHIFTHO LK 13:10-17	23 LK 4:31-41 MK 3:1-12	24 MK 5:2-20 MK 6:30-46	25 SUBORO LK 1:26-38	26 MK 6:47-56 MK 5:21-43	27 MT 9:18-31 JN 9:1-41	28 LK 6:1-11 MK 10:46-52
<b>MAR</b> 29 SAMYO MT 20:29-34, 12:22-28	30 LK 18:31-34, 19:1-10 LK 9:18-27	31 MK 10:32-45 MT 8:23-9:1	<b>APR</b> 01 MT 9:2-8 LK 4:33-41	02 MK 8:22-27 LK 4:1-13	03 40 <sup>TH</sup> FRIDAY MT 4:1-11	04 MT 20:17-28 LK 19:28-40
<b>APR</b> 05 U'SHANO JN 12:12-19	06 MT 21:23-32 MT 22:15-33	07 JN 8:28-59 JN 11:47:2-9-11	08 JN 6:63-7:13 JN 7:37-52	09 PESHAHO LK 22:14-30	10 GREAT FRIDAY MT 26, 27	11 GOOD TIDINGS MT 27:57-61

## HOW TO COLOR THE CALENDAR

**GREEN CROSS** – I did my prayers/ I said an extra prayer as well!

**PURPLE CROSS** – I did observe fasting!

**YELLOW CROSS** – I helped someone/ I did something good for others!

**RED CROSS** – I did my prayers, fasting, and almsgiving without being told!

**ABBREVIATIONS:** MT– St. Matthew; MK– St. Mark; LK– St. Luke; JN– St. John

**PETURTHO**– Look back/ examine before lent; **KOTHNE**– Sunday of wedding at Cana;

**SHUBKHONO**– Service of Reconciliation; **GARBO**– Sunday of healing the leper;

**M'SHARIYO**– Healing the paralytic; **CNANAITHO**– Healing the daughter of Canaanite women;

**K'PHIFTHO**– Healing the bend down women; **SAMYO**– Healing the blind man;

**SUBORO**– Feast of Annunciation; **U'SHANO**– Palm Sunday; **PESHAHO**– Maundy Thursday;

**Great Friday**– Good Friday; **Good Tidings**; Saturday of Good tidings

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